

AVOHK Malcolm Phillips 5k age-graded race

May 18, 2024

Position	Bib Number	Last name	First name	Net time (age adjusted)
<b>FEMALE</b>				
1	1589	Modiano	Sarah	0:18:18.2
2	99	Lo	Lan Fa, Angel	0:19:11.7
3	46	Ko	Susan	0:19:38.2
4	82	Leung	Hoi Lun, Helen	0:20:20.6
5	35	Hall	Elaine	0:21:02.2
6	62	Leonard	Catherine	0:21:03.4
7	34	Greer	Belinda	0:21:28.4
8	17	Douin	Natasha	0:22:27.3
9	126	Padget-Koh	Kate	0:22:29.8
10	155	Williamson	Adelaide	0:22:30.1
11	111	McFayden	Aily	0:23:38.5
12	52	Lau	Cindy	0:23:52.3
13	31	Fowler	Evelyn	0:24:22.0
14	134	So	Po Chu	0:24:49.5
15	16	Daquiz	Shaiy	0:25:27.5
16	153	Whittington	Chloe	0:26:04.4
17	157	Wingard-Robertsson	Carolyn	0:26:14.6
18	160	Wong	Grace	0:26:19.0
19	122	Mitchell-Sandoval	Karen	0:28:29.8
20	42	Ho	Karen	0:29:06.7
21	10	Ching	Chiu Yin	0:29:36.2
22	56	Lau	Rebecca	0:30:50.0
23	15	Dang	Scarlett	0:32:12.2
24	162	Yim	Veronica	0:37:08.5
25	9	Cheung	Kitty	0:42:27.7

enquiries to: malcolmphillips5k@gmail.com

Bib Number	Bib Number	Last name	First name	Net time (age adjusted)
<b>MALE</b>				
1	185	Capper	Michael	0:15:09.7
2	1003	Heijboer	Govert	0:16:20.6
3 *	1031	McNamara	Frank	0:16:24.8
3	202	Cheung	Wai Lap	0:16:26.3
4	261	Forde	Nicholas	0:16:35.4
5	1136	To	Hoi Lau, Eric	0:16:47.1
6	1111	Reeves	Mark	0:17:10.5
7	1009	Ho	Yuen Wan	0:17:25.8
8	1010	Hui	Norman	0:17:44.9
9	1132	Smith	Michael	0:18:17.4
11	1571	Zheng	Jin Tong	0:18:51.6
12	1590	Modiano	Alban	0:18:52.7
13	1001	Hall	Richard	0:19:02.2
14	1121	Rhee	David	0:19:08.3
15	1012	Kut	Wong Yau	0:19:12.0
16	1020	Liu	Yat Hoo	0:19:27.0
17	1103	Pringle	Antony	0:19:27.3
18	1164	Waugh	Kaito	0:19:55.5
19	187	Chan	Chak Yan	0:20:25.7
20	351	Greer	Ken	0:20:38.0
21	1158	Wannenmacher	Michael	0:20:48.9
22	1559	Yu	Hin Man	0:20:52.4
23	314	Fraser	Charlie	0:20:58.9
24	305	Fraser	Allan	0:21:28.5
25	1039	Morgan	Richard	0:21:36.0
26	1029	Ma	Derek	0:21:39.1
27	1048	Papadopoulos	George	0:21:39.9
28	248	Choi	Kaiwan	0:21:42.9
29	303	Fowler	John	0:21:43.8
30	1166	Wong	Denis	0:22:27.9
31	1042	Murchie	Alex	0:22:29.6
32	1176	Wong	Jonathan	0:23:26.8
33	1018	Lau	Jeff	0:24:09.6
34	1133	Stevenson	Andrew	0:24:19.8
35	1014	Lai	Chun Wah	0:24:46.8
36	1128	Sandoval	Jose	0:25:04.0
37	1123	Robertsson	Erik	0:25:04.4
38	1011	Hui	Siu Lun	0:25:05.7
39	1139	Tsoi	Rhollan, Clark	0:25:41.2
40	337	Grand	Benjamin	0:26:41.0
41	250	Chua	Willie	0:26:50.0
42	1028	Lui	Yik Kan	0:27:05.4
43	1106	Purves	Bill	0:27:26.5
44	1019	Leung	Pui Ki	0:27:35.6
45	1556	Yan	Kwong Cho	0:28:32.1
46	1173	Wong	Jeff	0:29:15.1
47	199	Chan	Lit Sang	0:29:57.2
48	209	Ching	Lap Yin	0:32:06.2
49	259	Dang	Que	0:32:48.6
50	1035	Mok	Kim	0:34:04.7
51	1015	Lau	CW	0:37:49.8
52	1183	Wong	Ngon Ying	0:41:44.3
53	180	Au	Chung	0:41:48.0

\*revised

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